

Tests that require special indications



Saliva in cortisol

Follow the medical instructions, let the laboratory staff know if you have taken any medications.

- The sample is taken at 11:00 p.m, it is only taken at the Main Building laboratory.
- Do not wear lipstick.
- Do not brush your teeth 2 hours before taking the test.
- Do not eat 1 hour before the test.

This sample is only taken at the Main Building laboratory.

Blood glucose test or insulin blood test, pre and post-meal testing, and o'sullivan

To perform these tests, you must attend with enough time to be at rest at the laboratory (up to 3 hours).

- On the day of your test, you must be fasting.
- The day before the test, between 6 and 9 pm, you should have a normal dinner. The next day, come to the laboratory between 6 and 9 am, have in mind that you must have 8 to 12 hours of fasting.

This test can be performed at the laboratories of Tower B, Main Building, Pacific Mall, and Ciudad Jardin.

Creatinine clearance

On the day of your test, you must be fasting. Bring the 24-hours urine sample (See instructions for 24 hours urine sample collection). Remember that this test includes the blood sample, which should be taken the same day you bring the urine sample.

This sample can be taken in any of our Diagnostic Centers.

Total and free specific prostate antigen

La muestra se debe tomar antes de la realización de biopsias prostáticas o prostatectomía. De lo contrario, debe dejar pasar 10 días para la toma de la muestra de sangre.

- It is necessary to maintain sexual abstinence for at least 24 hours.
- No rectal examination
- No prostate massage
- No horse riding
- Do not ride a bike

This sample can be taken in any of our Diagnostic Centers.

Prolactin or prolactin pool test

The sample must be taken 2 to 4 hours after you wake up and maximum until 10:00 a.m.

If the requested test is a Prolactin Pool, attend with enough time to spend at the laboratory (at least one hour).

Indications before taking the sample:

- Avoid taking the sample after periods of staying up all night, if you have had sexual activity or breast handling (including self-examination), wait 48 hours to take the exam.
- If you have done exercise, wait 24 hours.
- If you have injured your chest, wait one week.
- Inform the laboratory staff if you are taking medications, tranquilizers, antidepressants for hypertension, birth control, Ranitidine, Plasil, or medications for gastrointestinal symptoms.
- Do not smoke before or while taking the sample.

This sample can be taken in any of our Diagnostic Centers.

Special samples as clotting factors are only taken at the Main Building.

Clínica Imbanaco

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